10/15/01?

The dialysis, as Jerry has long known, tires me excessively. Today the nurse violated the prior agreement not to program me to lose more than 3 kg. She made it almost 4 kg. And that little bit extra really dragged me down. But instead of taking a nap when I was home I awaited the mail with Jerry's certified mailing in it. I waited more than three hours before I went out for the mail and I was too exhausted ti trust myself to write. Or read. I just sat and waited. As I told him, that childishness cost me five hours and rest I need badly.